GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

STARRED QUESTION NO:149
ANSWERED ON:22.08.2007
DISEASES CAUSED BY IODISED SALT
Dhumal Prof. Prem Kumar

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether consumption of iodised salt is causing many diseases in the country;

(b) if so, the details thereof; and

(c) the steps taken by the Government to check it?

Answer

THE MINISTER OF HEALTH AND FAMILY WELFARE (DR. ANBUMANI RAMADOSS)

(a) & (b) No, Sir. Iodine is an essential micronutrient where daily requirement is 100-150 micrograms for normal human growth and development. The quantity of iodine available through iodised salt is absolutely safe and does not cause any diseases but prevents spectrum of diseases known as `Iodine Deficiency Disorders` most of which are irreversible and permanent in nature.

(c) Does not arise.